

TRUMBULL COUNTY
Mental Health and Recovery Board

Board Meeting Minutes
June 16, 2026 4:30 PM

Board Members Present: Carol Henderson, Lance Grahm, John Hugley, Curtis Green, Laura Green, Thomas Harwood, Louise Kline, Matt Martin*, Rachel Nader*, Chereese Patterson, Maria Placanica, Robert Walton, Julia Wike

Board Members Absent: Kevin Stringer, Teri Lacy, Laurie Perry

Staff Present: Carie Garris, April Caraway, Lauren Thorp, Kim Walker, Holly Williams, Patricia Shepherd, Valdeoso “Bud” Patterson, Daniela Ghizzoni, Lindsay Simstad, Judy Mansky, Laura Domitrovich

Guests: Hope Haney*, NAMI MV; Michael Nyers*, NAMI MV; Renee Klaric*, Axess Family Services; Tammy Weaver*, Coleman Health Services; Shane McKelvey*, Generations Behavioral Health; Vince Paolucci*, Alta Behavioral Health; Matt Kresic*, Cadence Care Network; Joe Caruso*, Mercy Health-Lifepoint Behavioral Health Hospital; Stacey Salyer*, Thrive Counseling.

*Denotes Virtual Attendees

Preliminary

1. President Lance Grahm called the meeting to order at 4:30 PM and led the Pledge of Allegiance.
2. In the secretary’s absence, Laura Green called the roll of members and certified that a quorum was present.
3. President Lance Grahm recognized guests and staff.
4. Louise Kline made a motion, seconded by Tom Harwood to approve the May 19, 2026 Board meeting minutes. The motion passed unanimously.

Report from the Executive Director

1. State Update – ED Caraway reported that the Ohio Department of Behavioral Health has proposed rule changes for crisis services. She and staff from Coleman and COMPASS have submitted comments and concerns about the new rules. A primary and costly concern is the requirement to have 24/7 RNs on site. If approved, new funding may follow. Currently county boards fund more than 80% of crisis services. ADAMHS Boards were encouraged to create 24/7 crisis centers, and this could help with sustainability.

2. Local Update – The Board recognized Maria Placanica for 9 years of service on the Board of Directors. ED Caraway noted that Maria has been a very active member throughout her tenure by attending committee meetings, trainings, and serving as treasurer. ED Caraway then introduced the board's two new staff members who began on June 1: Lindsay Simstad, Housing Manager, and Judy Mansky, Family and Children First Council Administrative Assistant.

An Open House was held at the Coleman Crisis Center for first responders. A limited number attended, so Coleman will now reach out to the departments individually with information regarding the services and when to bring people there for help.

The Family and Children First Council audit results were included in the packet for information purposes. The Board is the fiscal agent of the organization. This audit was reviewed and approved by FCFC's own Executive Board of Directors.

Lauren Thorp explained the upcoming Culture of Quality review that will take place June 22-23 at the Board office. The review is part of the accreditation with the Ohio Association of County Behavioral Health Authorities process. President Grahm will participate, and Board members were invited to join the opening session Monday morning. A provider Director will also be interviewed. This will be a 3-year accreditation. Daniela Ghizzoni reported updates on May is Mental Health Month and the Suicide Prevention Coalition's (SPC) Check your Engine Campaign for June's Men's Health Month. She reported that Ripley's Scoop Shop in Brookfield pledged to donate a dollar for every milkshake that was ordered in the month of May to the Suicide Prevention Coalition. Cockeye's Creamery matched Ripley's donation along with their third business and altogether, they were able to raise \$1450.00 for SPC programs. For the new men's health campaign, "Check your Engine", Daniela created rack cards and ordered multi-tool pens with the 988 information on them. The pens will be distributed at upcoming car shows and agricultural events. The goal is to raise awareness about 988, that help is available, and to reduce the stigma and stereotypes around men seeking help. The coalition has collaborated with our marketing partners to create ads for Facebook and YouTube targeting the local male demographic. The Suicide Prevention Coalition meets every second Tuesday of the month at 3:00 PM.

3. Election of Officers – The Board discussed officer positions, noting that three positions are eligible to serve for another year, while the Secretary position has reached its term limit. Robert Walton made a motion, seconded by Carol Henderson, to confirm Lance Grahm for a 2nd year as President. Julia Wike made a motion, seconded by Matt Martin, to confirm Kevin Stringer for a 2nd year as Vice President. Laura Green made a motion, seconded by Curtis Green, to confirm John Hugley for a 2nd year as Treasurer. Each were approved by acclamation. Matt Martin volunteered to serve the vacant Secretary office and was confirmed following a motion by Carol Henderson, seconded by Tom Harwood. The motion passed unanimously.
4. Finance Reports – Patty Shepherd, CPA, reviewed the May 2026 unaudited revenue and expenditure reports. She reported that in May, the Board received revenue from levy dollars from Homesteads and Rollbacks for FY25's first half, the third-quarter Title XX grant, and Warren City Schools' portion of the Behavioral Health and Wellness Coordinator funding. The Board has received 89% of budgeted revenues. Providers can bill through September 30th for SFY26. She also reviewed the County budget for the 2027 calendar year and the board's three-year financial projections.

Committee Reports

1. Addictions and Mental Health Program Committee – President Lance Grahn reported on the June 2, 2026 meeting. John Dailey of Foster Living presented the month's program, which provides recovery housing of 50 beds for men. The agency maintains strict rules and structured schedules, believing stability is key to the recovery process, and the men know they have a reliable built-in community of support. John estimated that of the 50 men, rather than spending approximately \$2 million on dangerous drugs, they are learning to spend money on healthier financial choices. Carol Henderson also praised the program, noting that individuals who remain in supportive housing for at least one year tend to have greater long-term sobriety success.
2. Budget and Finance Committee – Treasurer John Hugley reported on the meeting that took place June 9, 2026. He stated that the committee approved the financial items reviewed by Patty Shepherd in her monthly financial summary, including upcoming budgets, and that the items would be presented later in the meeting for Board approval.
3. Administrative Committee – Chairperson Rachel Nader reported that the next meeting will be held Tuesday, June 30th at 4:30 PM in the board conference room.

Announcements/Community Partnerships/Information

1. Media Items – ED Caraway discussed the Tribune article titled, "Newton Township Trustees hear concerns over Sober House", stating that each time a new recovery house comes into a community, NIMBY tends to happen.
2. Ohio Suicide Prevention Foundation – ED Caraway encouraged members to read the flyer, "Memorials after Suicide".
3. Culture of Quality Recertification Review – ED Caraway reiterated that our meetings with the Surveyors will take place on June 22 and 23, 2026.
4. Friends of the TCMHRB Golf Outing – July 31, 2026 at Old Avalon Golf Course

New Business

1. Robert Walton made a motion to approve the May 2026 Revenue and Expenditure Report held subject to audit. Maria Placanica Seconded the motion, which passed unanimously.
2. Laura Green made a motion to approve the FY2027 Budget as recommended by the Budget and Finance Committee of the Board. Julia Wike seconded the motion, which passed unanimously.
3. Louise Kline made a motion to approve the Trumbull County 2027 Calendar Year budget as recommended by the Budget and Finance Committee. Tom Harwood seconded the motion, which passed unanimously.
4. Maria Placanica made a motion to approve the TCMHRB Fiscal Forecast for Years 2027-2029. Carol Henderson seconded the motion, which passed unanimously.
5. John Hugley made a motion to approve Provider Closure and Employee Development policies. Cherese Patterson seconded the motion, which passed unanimously.
6. Cherese Patterson made a motion to remove the Health Officer Appointment of Christina Buchanan, formerly of Coleman Health Services, effective immediately. Julia Wike seconded the motion, which passed unanimously.

7. Tom Harwood made a motion to enter into FY2027 contracts and have contracts signed by the Board President and Executive Director. Robert Walton seconded the motion, which passed unanimously.

Adjournment

With no further business to conduct, the meeting was adjourned at 5:32 PM on a motion by Curtis Green seconded by Carol Henderson

Next Board Meeting – July 21, 2026 at 4:30 PM



Lance Grahn, President



April J. Caraway, Executive Director

5-21-2026

Date